THE GROUP ON A DAILY BASIS

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| group | Every day |  |
| ROLES | Welcoming newcomers  Warn of difficulties  Helping with meals / Keeping company  Read aloud / read aloud the enlarged newspaper / announce activities / announce meal times / bingo crier /  Meal preparation, pastry-making,  Setting the table, serving, clearing away, tidying up, cleaning, sweeping, placing at the table  Linen folding and wrapping  Feeding the animals, cultivating the garden, watering the plants, decorating the house  Writing: today's date, poster, menu, etc.  Planning activities, events, outings, excursions, etc.  Newspaper and mail distribution  Learning from others, adjusting: games, cards, knitting, ...  Run a stall selling basic necessities at a market,  Presence near a lonely, anxious or bedridden person, |  |
| CERCLE  Social gestures | Greet each other  Vary the seating at the table, in small groups |  |
| SINGING  us, energy | Chant  Gestural singing  Prayer  Ritual |  |
| DISCUSSION | Tackling life's emotionally-charged problems |  |
| ACTIVITY  Enhancing the role of activity manager  Interactive non-verbal communication | Ball, ball, parachute  Passing the ball, passing energy  Sending... paper airplanes, paper balls...  Games of skill: pot shooting, target shooting (bottle of fart on the table...)  Seated dances, ballroom dances  Rhythms, claves  Mutual massage, self-massage  Scarves, greeting, connecting  Reading circles of identical books (Montessori) |  |
| COLLATION  Beyond hydration...  Interaction | Autonomy (serving self, serving others)  Easy-to-use layout (small tables)  Offer of choice  Questions on the tables to stimulate discussion |  |
| CLOSING | Speech  Talking circle at the microphone  Role enhancement  Applause  Connecting, forming a circle in contact |  |
| SINGING | Specially selected music |  |